

**MONTANA DEPARTMENT OF PUBLIC HEALTH AND HUMAN SERVICES
NURSE AIDE SKILL COMPETENCY CHECKLIST**

Applicant Name: _____ Social Security Number: _____
 Address: _____ Facility/School _____
 City: _____

PERSONAL CARE	DATE PASSED BY EXAMINATION	DATE PASSED BY DEMONSTRATION	COMMENTS	OBSERVER SIGNATURE
Tub bath				
Shower				
Bed bath				
Partial bath				
Oral care				
Denture care				
Female pericare				
Male Pericare				
Pericare with catheter				
Nail care				
Hair care				
Shaving				
Use of commode and bedpan				
Dressing/undressing				
Prevention/observation Pressure sore				
Skin care				
Catheter care: Proper handling, emptying, changing catheter bags				
Obtain specimens:				
Urine				
Stool				
Sputum				
Application of heat:				
Aqua pad				
Compresses				
Application of cold:				
Ice bag				
Compresses				
Application ted hose				
Documentation in residents records				
Assessment & care planning process				
INFECTION CONTROL				
Blood and body fluid precautions				
Handwashing				
Use of protective gown, gloves and mask				
Disposal of contaminated supplies				
Proper linen handling, storage and disposal				

COMMUNICATION/RIGHTS	DATE PASSED BY EXAMINATION	DATE PASSED BY DEMONSTRATION	COMMENT	OBSERVER SIGNATURE
Respectful in interactions/communication				
Knocks before entering room				
Asks permission/explains procedures in advance				
Addresses resident by preferred name				
Demonstrates techniques of responding to:				
Combative resident				
Depressed resident				
Anxious resident				
Cognitively impaired				
Ensures privacy during personal care				
ENVIRONMENT				
Makes an unoccupied bed				
Makes an occupied bed				
Cleaning a resident unit				
Marks & cares for personal possessions				
Completes clothing & possessions list				
Cleans resident care equipment (tub/shower, basins, wheelchair combs, brushes, razor, etc.)				
Care of glasses				
Care of hearing aid				
Care of prostheses				
SAFETY AND REHABILITATION				
Uses correct body mechanics				
Turn/position resident				
Range of motion				
Use of mechanical lifts				
Ambulation techniques:				
Use of gait belt				
Use of mobility equipment				
Transfers:				
Bed to chair				
Chair to bed				
One person				
Two person				
Miscellaneous:				
ADL retraining				
Bowel/bladder retraining				
Use of restraints				
Use of side rails				
Use of call lights				
Use of protective devices:				
Padding, heel/elbow protectors, etc.				
Alarms (bed, chair, door)				
Participates in fire drill				

